



In an emergency call 000

Other useful contact numbers:

Domestic Violence Service Line (toll free, 24 hrs 7 days) 1800 65 64 63

NSW Rape Crisis Centre 1800 424 017

Women's Legal Resource Centre 1800 801 501

Wirringa Baiya Aboriginal Women's Legal Centre 1800 686 587

Immigrant Women's Speakout (02) 9635 8022

LifeLine 13 11 14

Centrelink 13 10 21



What is a respectful relationship?

A healthy relationship is one based on respect. In a healthy relationship you feel good about yourself and your partner. You should both feel comfortable to be yourselves and to have your own opinions and interests.

If your partner puts you down or makes you feel bad about yourself, if they make you ask for money or they make you feel afraid, then your relationship isn't healthy.

Don't put up with disrespect.

www.bensoc.org.au

Putting the **pieces**
back together