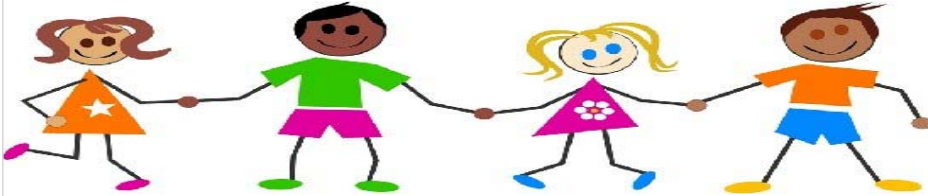


Kids Create Tomorrow

Groups for women & children aged 5 to 12 years



8 week creative expressions groups
for mothers & children aged 5 to 12 years ,
living in the Campbelltown LGA,
to strengthen their relationship after
domestic violence
through play, art, music, storytelling & fun!

When: Mondays, 26 October to 14 December 2009

(children 8 - 12 years)

Wednesdays, 28 October to 16 December 2009

(children 5—7 years)

Time: 3.30pm to 5.30pm

Where: Centre for Women's Health

288 Queen Street, Campbelltown.

Childcare
available

To register, phone Intake Service on

Bookings Essential.

1800 077 760

Kids Create Tomorrow Project

Centre for Women's Health, 288 Queen Street, Campbelltown. P: 4633 3777 (Reception).



Information
about
Kids Create Tomorrow.

The Project:

- An 8 week creative expressions groups during school terms for children aged 5-7 years and 8-12 years living in the Campbelltown LGA, to help them address and recover from their experiences of domestic violence.
- The same number of concurrent groups will run for mothers to address the impact of domestic violence on their children and on their parenting capacity, and to help mothers develop strategies to strengthen their relationship with their children.
- A resource booklet by children for children affected by domestic violence will be produced and published at the end of the project.

The Expressive Arts Group Program:

- Will use creative techniques drawn from music therapy, drama, art, story-telling, writing and play therapy. This will enable children to have a fun and interactive experience.
- Children will discover and develop skills for self-expression about their experience of violence in a safe, supportive and creative way.
- Will cater for the different ages and stages of children aged 5-7 years and 8-12 years. In this way, children will be able to safely share their feelings about violence with their peers, will learn to recognize violence, and will develop attitudes that support respectful and non-violent ways of relating.
- An 8 week parallel group for mothers will enable mothers to understand the effects of domestic violence on their children, and on their own capacity to parent effectively. Mothers will develop skills and strategies to restore nurturing relationships with their children.
- Time is allocated at the end of each group session for children and their mothers to interact together in a fun and purposeful activity. This enables children and mothers to develop a deeper understanding and appreciation of each others qualities and attributes, to enable them to find positive ways to talk about the violence and begin healing together.
- Children will be invited to select one of their creative works to be showcased in a booklet for other children. This publication will help to shape other children's attitudes towards choosing non-violent behaviours in their relationships with others.

Referrals:

To register, please phone the Centre for Women's Health Intake Service on 1800 077 760, Monday to Fridays 9.00am to 5.00pm.

Kids Create Tomorrow project is funded by DoCS Area Assistance Scheme.